

# Welcome to Mother & Baby



## THINGS I LOVE THIS MONTH



It's a wonderful pregnancy indulgence – a 4D ultrasound. I can't believe I've seen my baby's face already – and I've got a video of him/her! I had my scan at Babybond Heathrow; for locations nationwide go to [babybond.com](http://babybond.com) or call 0845 351 1155.



I'm always looking for the "perfect" changing bag. The Baba Bing! Maternity Satchel ticks all the boxes. It comes with a fold-out change mat, thermal pockets for bottles and a dirty-stuff pouch, plus it's dad-friendly too. Available from John Lewis and online, priced £50.



If your baby's a Baby Einstein fan (a guaranteed result after they sample this month's free DVD), the new Discover & Play Activity Centre, £79.99 from Graco, will be a hit. Featuring Baby Einstein characters and music, it's a play centre packed with toys and shapes. Available from Mothercare and Babies R Us; call 0870 9090501 for details.



Kate's nursery things are all adorned with Stuck On You labels. They're bold, bright, and decorated with great icons. Prices start at £9.99. You can iron them on, stick them into shoes, on lunchboxes and on books. Log on to [stuckonyou.biz](http://stuckonyou.biz) or call 0845 4560014 for a brochure.

For more products we love, log on to [motherandbabymagazine.com](http://motherandbabymagazine.com) and follow the link from the homepage welcome letter. To nominate your own favourite buy, turn to p175

## Write or email M&B

at [emap.esprit](http://emap.esprit), Greater London House, Hampstead Road, London NW1 7EJ, or email [motherandbaby@emap.com](mailto:motherandbaby@emap.com)



**Hi** From the moment you find out you're pregnant and start reading about the amazing changes your body goes through nothing's more important than your baby's healthy development. Every mum I know has quite an obsessive interest in whether her baby's rolling, sitting up, walking, talking and growing at the same rate as everyone else's! In this issue of *Mother & Baby* you can follow your baby's development month-by-month, from

pregnancy through to toddler (starting on page 67), with loads of milestones to look out for. Enjoy! Just try not to get caught up in competitive mum syndrome (see *The great pregnancy race*, page 37).

I've got my fingers crossed for some sunny days this month so you'll get great use out of your **free car sunshade**, but if it does rain, curl up on the sofa with your baby, and enjoy your **free Baby Einstein DVD sampler**. I find it incredibly soothing to watch after a long day with a toddler and a bump!

See you next month,

*Elena*

Elena Dalrymple  
Editor, mum to Kate, two,  
and 27 weeks pregnant

**PS** Worried about scary newspaper headlines about baby jabs, pregnancy dangers or childcare? Log on to [motherandbabymagazine.com](http://motherandbabymagazine.com) for up-to-the-minute info, which gives you the real facts behind the sensational stories. Oh, and loads of celeb baby gossip too!



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